

State of Washington Collegiate Recovery Initiative Virtual Learning Community

A Focus on Student Recruitment and Retention

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Ohio State University

Aaron Kirk, MSW, Student Success Navigator, Skagit Valley
College

Tammy Vega, Shelter Advocate at Skagit Domestic Violence and
Sexual Assault Services

Thursday, April 1st, 2021 | 11:00 am – 12:00 PM PT



State of Washington Collegiate Recovery Initiative Team

Washington State University –
Initiative/Contract Admin

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Health Promotion Specialist
Cougar Health Services

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Cougar Health Services - Health Promotion

C4 Innovations – Sub-contractor

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Recovery Specialist

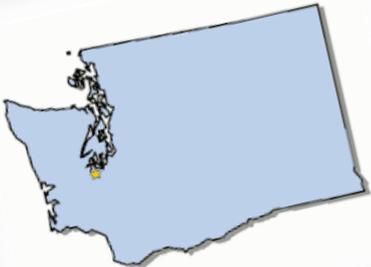
Marsha Kubyshko, (she/her)
Project Coordinator



Community & Behavioral Health | Recovery | Social Change



Introduction to Plenary Series



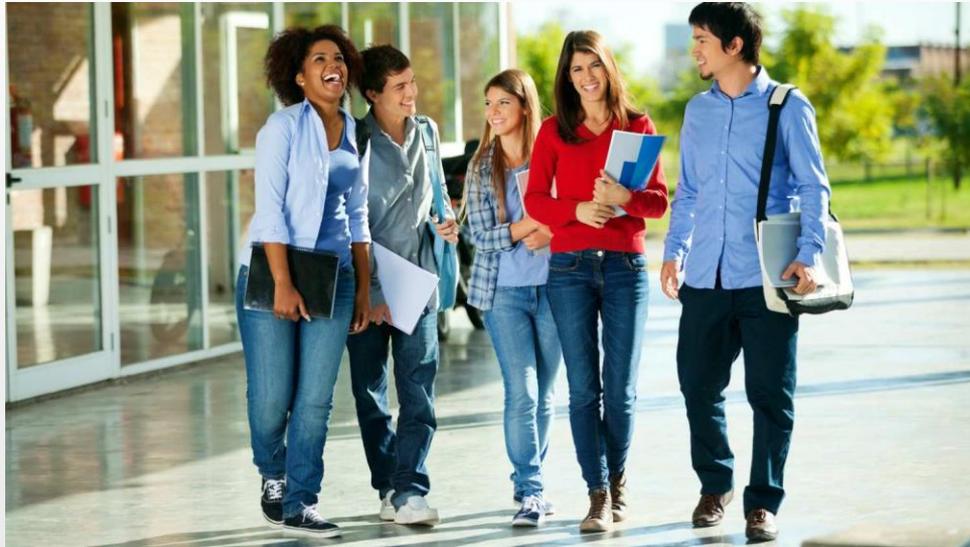
- ❖ **Plenary sessions are part of State of WA-HCA Recovery Support Initiative contract/grant awarded to WSU.** Initiative includes:
 - ❖ Statewide Recovery Services Asset Mapping project
 - ❖ Statewide Evaluation of Collegiate Recovery services and funding
 - ❖ Public dissemination of RS initiative findings and materials for ongoing use: WSU Collegiate Recovery Grant page: <https://cougarhealth.wsu.edu/collegiate-recovery/>

- ❖ **Acknowledgments:**
 - ❖ Representatives L. Davis, J. Schmick, and colleagues for their work on the initiative and funding source, House Bill 1528
 - ❖ HCA Contract Manager Liz Venuto, Supervisor - Transition Age Youth Focus
 - ❖ **Six plenary sessions**, December 2020 through April 2021

- ❖ **Collegiate Recovery Virtual Summit**, May 20th - 21st, 2021



Purpose of Statewide Education Efforts: Development of CRP Supports



A collegiate recovery program (CRP) is a College or University-provided, supportive environment within the campus culture that reinforces the decision to engage in a lifestyle of recovery from substance use. It is designed to provide an educational opportunity alongside recovery support to ensure that students do not have to sacrifice one for the other.

(Association of Recovery in Higher Education - ARHE, 2020)



Virtual Learning Community Schedule

April 29th, 2021: **Student Recruitment & Retention**

Speakers include

- Olivia Pape (West Virginia University)
- Jonathan Lofgren (Minneapolis Community & Technical College)
- Seth Welch (Interagency Academy – Recovery High School)

*All events are scheduled from
11:00am – 12:00 pm PT



Join us!

State of Washington Collegiate Recovery Conference

May 20th & 21st: Two half-days from 9:00 to ~12:00

See the WSU website for more information:

<https://cougarhealth.wsu.edu/collegiate-recovery/>



Meet our National Expert



Ahmed Hosni -
Assistant Director,
Student Wellness Center,
The Ohio State University





Pathways to Recovery

- Natural Recovery
- Recovery Mutual Aid Groups
- Peer-Based Recovery Supports
- Family Recovery
- Technology-Based Recovery
- Alternative Recovery Supports
- Medication-Assisted Recovery





Prevalence of Recovery

According to the Surgeon General's report on Addiction:

- “Supported” (meaning evidence derived from rigorous but fewer or smaller trials) scientific evidence indicates that approximately 50 percent of adults who once met diagnostic criteria for a substance use disorder—or about 25 million people—are currently in stable remission (1 year or longer)
- “approximately 10 percent, or 1 in 10, of United States adults say, “Yes,” when asked, “Did you once have a problem with drugs or alcohol but no longer do?” These percentages translate to roughly 25 million United States adults being in remission. It is not yet known what proportion of adolescents defines themselves as being in recovery.”
- People will choose their pathway based on their cultural values, their socioeconomic status, their psychological and behavioral needs, and the nature (*severity*) of their substance use disorder



Honoring All Pathways to Recovery On Campus

- Setting aside our beliefs to focus on the evidence-based practice, especially those of us in recovery.
- Focusing on creating a Recovery Oriented System of Care on campus
- Using recovery capital as the construct for assessing recovery progress vs measures traditionally associated with 12 step progress considerations?
- Does using measures grounded in Social Determinants help us be more equitable practitioners?



Supporting non-traditional pathways to college

1) HOSNI, AHMED ABBAS



Book #: 175066
Jail ID: xxxxxxxxx [Details...](#)
Booked: 10/18/2005 1:50 pm
Released: 10/18/2005 6:01 pm
Cell:

DOB:	11/5/1985	Book Age:	19
Race:		Hair:	BLK
Sex:	M	Eye:	BRO
Height:	6'3"	Weight:	200
Agency:	Trumbull County Sheriff		
Bookings:	1	Charges:	2
		Holdings:	0



Why are we focused on the synergy between previously incarcerated students, opportunities for higher education, & collegiate recovery?





Previously incarcerated students, higher education, & collegiate recovery



- The State of Washington *Navigator Re-entry Program* uniquely brings these 3 elements together and provides opportunities!
- Large prison population in U.S. is strongly connected to drug-related offenses and the experience of mental health concerns, substance use disorder (SUD):
 - Estimated 65% percent of U.S. prison population has an active SUD
 - Another 20% percent did not meet criteria for SUD but were under the influence of drugs or alcohol at the time of their crime



Previously incarcerated students, higher education, & collegiate recovery

- Providing comprehensive substance use tx during incarceration:
 - Is effective and reduces both drug use & crime after community re-entry
 - Is critical to reducing overall crime & substance use related societal burden (lost job/productivity, family disintegration, recidivism)
 - Inadequate tx while incarcerated contributes to overdoses and deaths when inmates leave the prison system.
- Tx for SUDs during incarceration can change attitudes, beliefs, and behaviors toward drug use; avoid relapse; and successfully reduce recidivism and relapse.





Previously incarcerated students, higher education, & collegiate recovery

What if we formally provided recovery support onto college campuses in the State of Washington for previously incarcerated students?

What would that mean for recidivism, relapse, and social justice concerns?

Let's explore...!





Meet our Local Experts



Aaron Kirk-
Student Success Navigator,
Skagit Valley College

Tammy Vega-
Shelter Advocate,
Skagit Domestic Violence and
Sexual Assault Services



Trends in the Criminal Justice System

- Growing incarcerated population
- High recidivism
- High cost
- Disproportionally impacting disadvantaged groups



Are we reforming those who enter?

- The Federal Bureau of Justice Statistics notes that “Overall, of the 404,638 state prisoners released in 2005 76.6% were rearrested within 5 years of release”.
- Washington State Department of Corrections figures show that nearly one in three persons released return to prison within three years.



These services are not cheap!

- In Washington State we are spending approximately **\$1.9 billion** per year on corrections.
- The annual cost per incarcerated person is **\$38,946**.



Disadvantaged Groups Are Overrepresented in Jail and Prison

These include:

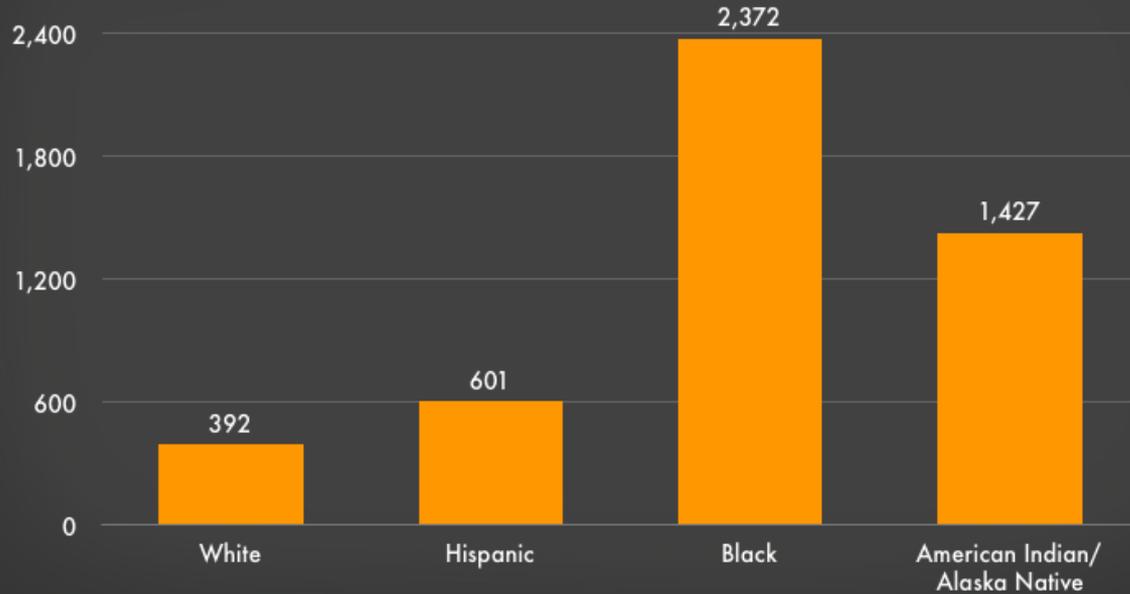
- Communities of color
- LGBTQ individuals
- People with history of mental illness or substance use disorder
- Communities denied access to quality education



Ethnic Minority Groups in the Washington Correctional System

WASHINGTON INCARCERATION RATES BY RACE/ETHNICITY, 2010

(Number of people incarcerated per 100,000 people in that racial/ethnic group)

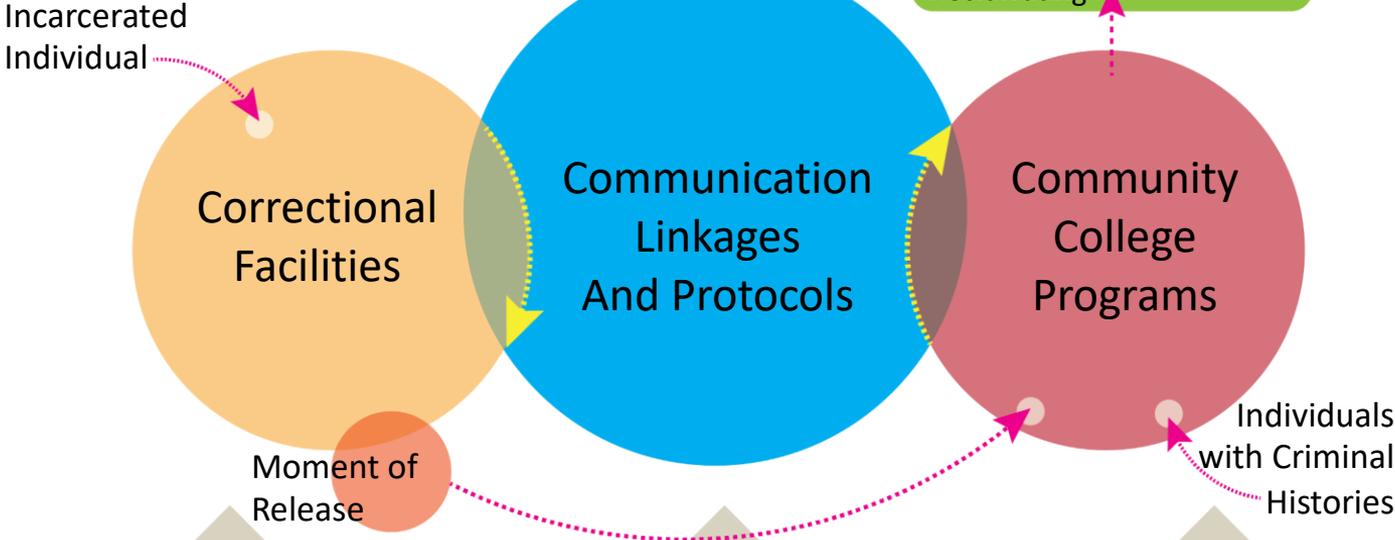




What direction should we take?

- Research on successful reentry consistently shows that the best predictor of reentry success is **employment**
- Research also suggests that **educational programs** both within institutions as well as post-release may be our best strategy for creating employment opportunities
- The most realistic path for educational success is through our **community college system**

Pathways to Success – Corrections to College



Community Service and Resources

In Correctional Facilities
Programs and Services



In Transition
Linkage between systems



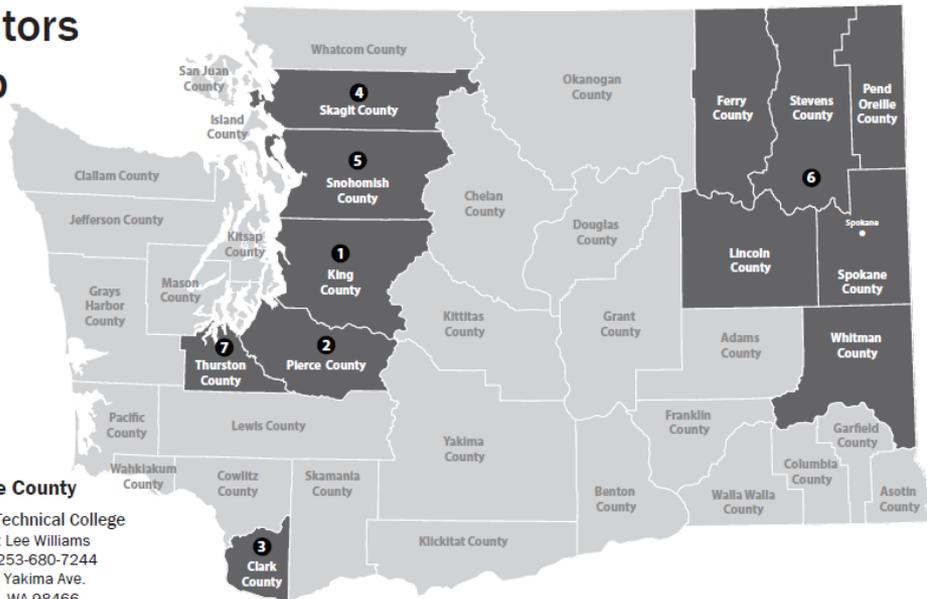
In Community College
Programs and Services

Adapted from Vera Institute of Justice

Our re-entry navigators are here to help

How to choose a Navigator

Contact the
education
department at
your facility or the
Re-Entry Navigator
closest to your
county of release.



1 King County

Renton Technical College
Re-Entry Services
Contact: Gerald Bradford
Phone: 425-235-2352 x 5733
3000 NE 4th St.
Renton, WA 98056
reentry@rtc.edu

Seattle Central
Re-Entry Support
Contact: Maria Kang
Phone: 206-934-4018
1701 Broadway, Room: BE3215
Seattle, WA 98122
reentry.central@seattlecolleges.edu

South Seattle College
Justice Involved Solutions
Contact: Trystan Rodewald
Phone: 206-934-6840
7058 32nd Ave. S., 2nd floor
Seattle, WA 98118
reentry.south@seattlecolleges.edu

2 Pierce County

Bates Technical College
Contact: Lee Williams
Phone: 253-680-7244
1101 S. Yakima Ave.
Tacoma, WA 98466
reentry@batestech.edu

Tacoma Community College
New Chances
Contact: Larry Quintana
Phone: 253-460-4394
6501 S. 19th St., Building 7
Tacoma, WA 98466
reentry@tacomacc.edu

3 Clark County

Clark College
Workforce Education Services
Contact: Angelica Pravettoni
Phone: 360-992-2072
1933 Fort Vancouver Way
Vancouver, WA 98663
reentry@clark.edu

4 Skagit County

Skagit Valley College
Student Success Center
Contact: Aaron Kirk
Phone: 360-416-7849
2405 E. College Way
Mount Vernon, WA 98273
reentry@skagit.edu

5 Snohomish County

Edmonds Community College
Next Steps
Contact: April Roberts
Phone: 425-640-1192
20000 68th Ave. W.
Lynnwood, WA 98036
edmondscc_reentry@email.edcc.edu

6 Spokane County

Spokane Community College
Educational Reentry Services
Contact: Em Daniels
Phone: 509-533-7196
1810 N. Greene St. MS 2061
Spokane, WA 99217-5399
scc.reentry@scc.spokane.edu

7 Thurston County

The Evergreen State College
Education Reentry Navigator
Contact: James Jackson (JJ)
Phone: 360-867-5947
2700 Evergreen Parkway NW
Olympia, WA 98505
reentry@evergreen.edu



Questions?



**For more information
please contact:**

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